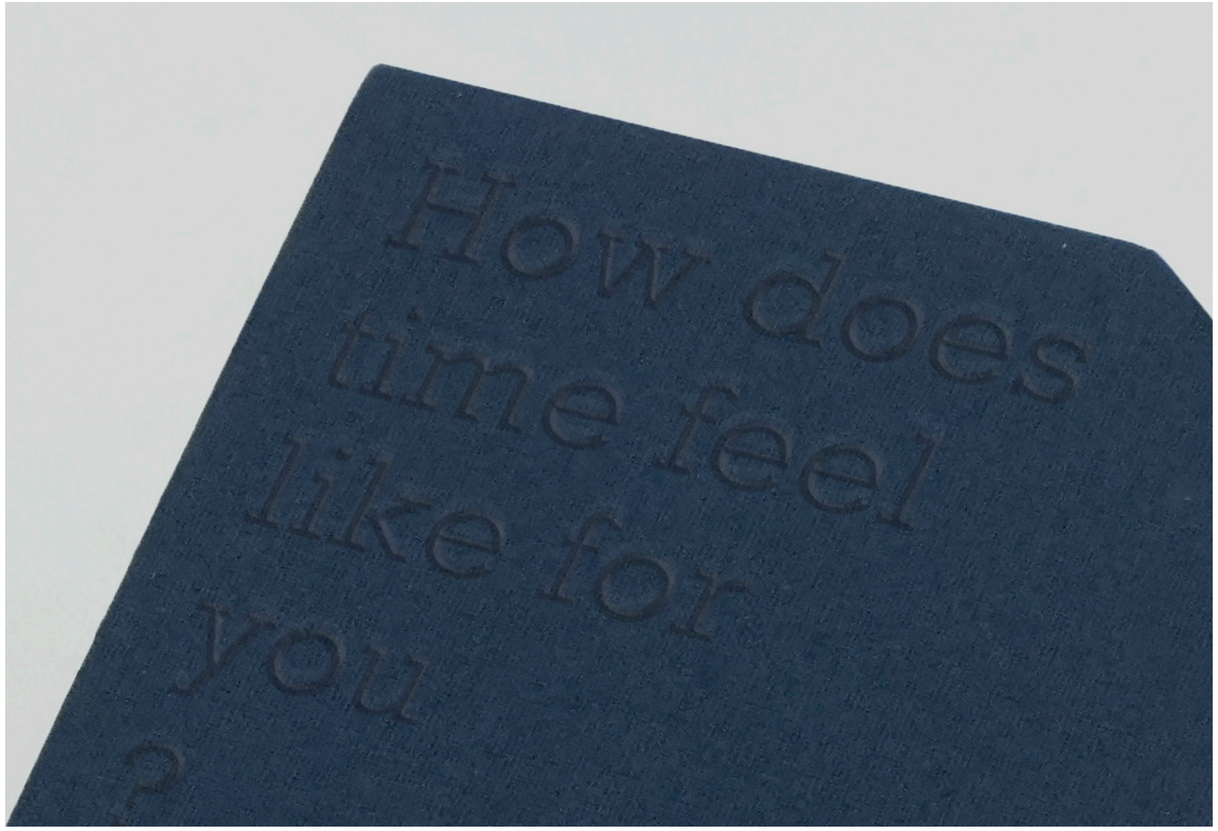
Methods of contextualising
[killing rhythm]
How does time feel like for you?



Contextualising week 2

Time has a scale, a certain length, and a certain perception of a certain period of time, but they never exists. It should be subjective. The standard timetable suppresses the physical and mental need for a different pace. So we try to break the old patterns of rhythm, thinking and feeling. In the questionnaire, we ask the audience to start thinking about how they can create their own personal ‘clock’, based on their own body and mind, by trying to break the existing time structure.

At the same time, some text points out that the definitions of congenital or acquired, healthy or disabled are also fluid for chronic illnesses that cannot be perceived. So in practice, we did not specifically target a group of people who has a disability, but rather surveyed equally though all groups of people in order to reveal hidden differences in people's physical and psychological perceptions of time.

Here is our list of questions >>>

HOW DOES TIME FEEL LIKE FOR YOU ?

?

Are there times in the usual representation of time / clock that make you feel different

?

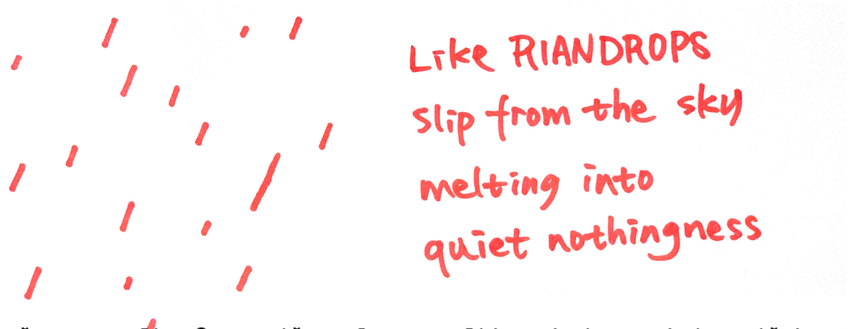
Do you think the socially regulated pace of life works for you? or does it feel faster or slower

?

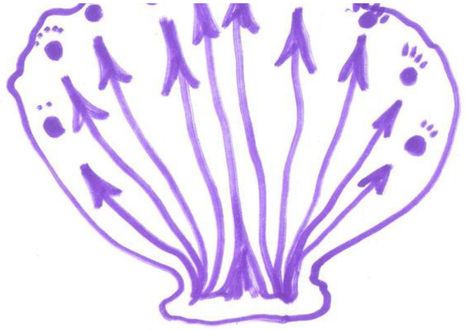
How does your mood, feelings, emotions and surroundings subjectively change your perception of time

?

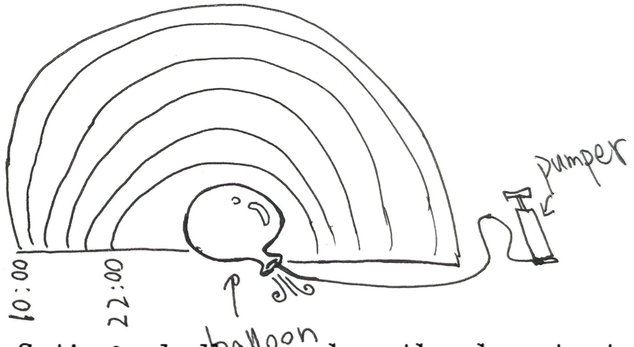
Do you identify with neurodivergence or mental health challenges, how does that affect your experience of passing of time



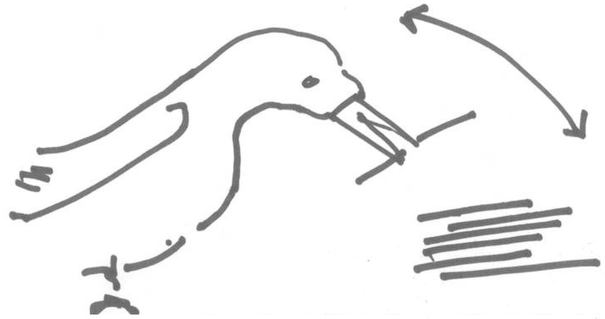
“Like raindrops, slip from the sky, melting into quiet nothingness.”



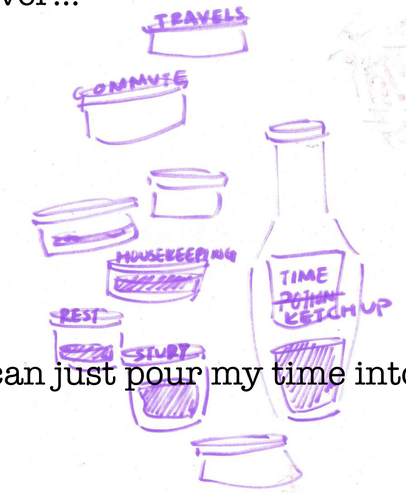
“I love shells, I feel like it stops my time in it, just like pearls.”



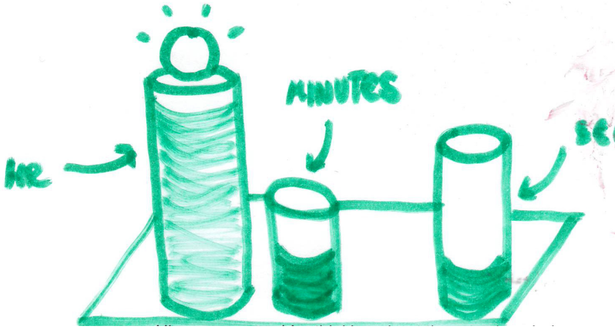
“My time is like inflating a balloon, when the day starts, my feelings begin to expand and when it's at its maximum, it all starts again.”



“ I want My time is like this duck on a constant feed, it's repeating itself over and over and over and over and over...”



“I want my time to be a ketchup, so I can just pour my time into when I want to do something.”



“It's like my time builds up and then when I get to a peak the light comes on and then I have a button to restart it.”

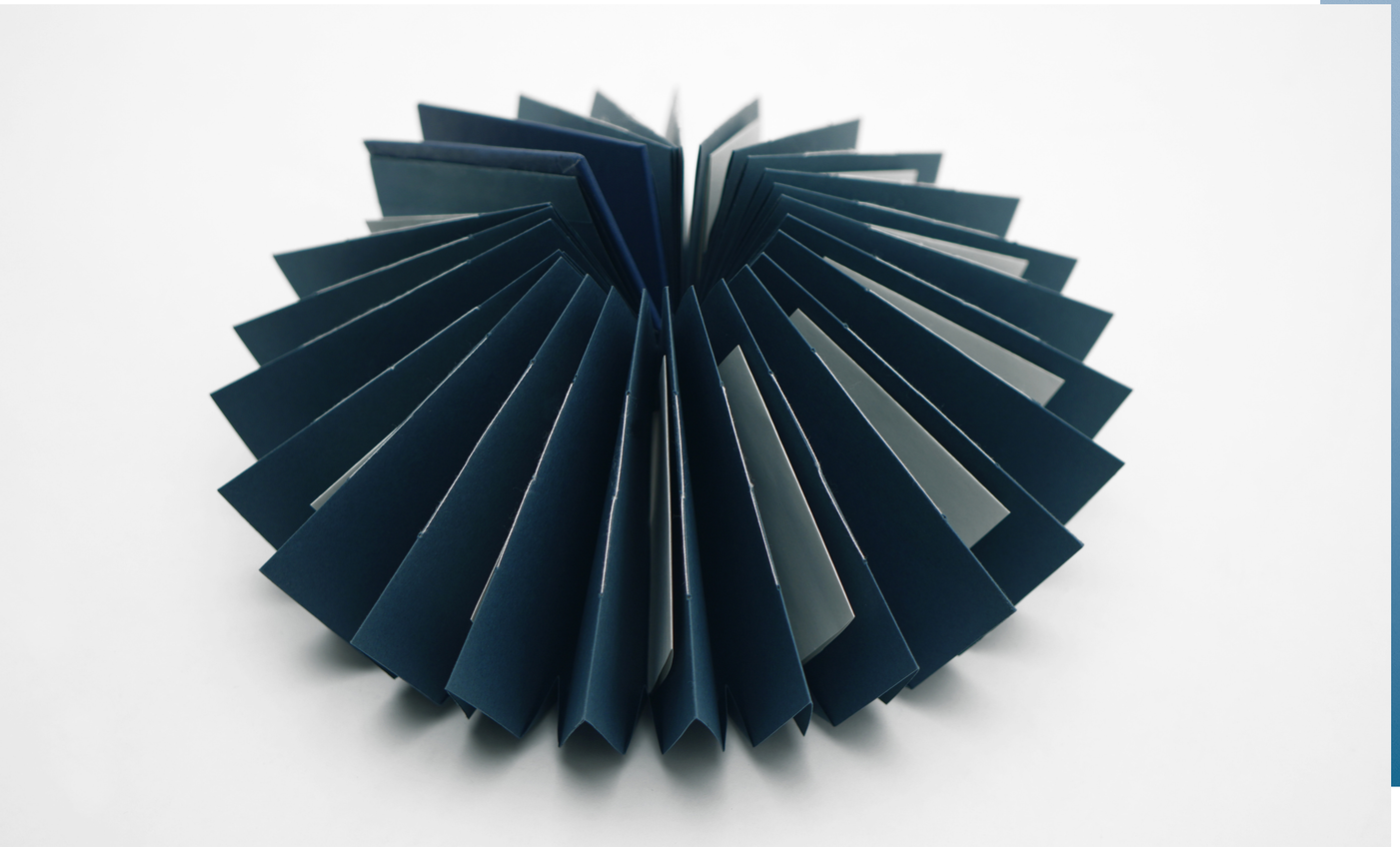


When administering the questionnaire to the population, we wanted the participants to have a more accurate understanding of the thoughts and questions we were leading them to, but also they could have more diverse ways of thinking and drawing, without being limited by the framework we provided. Referring to the Time Zone Protocols project, the questions were posed and guided by clear headings and three left-hand prompts as the framework of the thinking. The questions also brought the participants' perspectives back to themselves rather than to a boring conceptual explain, which provided a basis for the diversity of research. The use of only black marker in the website also raised some thinking about the use of brushstrokes in the participants' drawings. If there is a need to focus more on the breaking down of structure, a single colour can make the intention to break down the structure more prominent, while also limiting the participants' attention to think in terms of the structure of time rather than the form of the drawing.

We received upwards of 40 drawings, each recounting a unique perspective on their feelings, and the richness and personal nature of these findings was surprising. At the same time I was thinking about how to present these multiple subversive drawing ——

Structured Clock in book

When the standard of the clock disappears, that regular circle disappears, it becomes subjective, allowed to be extended or compressed by the individual and constituted by the body clocks drawn by all those participants, the drawing becomes the new interval. We recorded their personal narratives of how they felt about time, inserting and replacing the standard twelve ticks, I juxtaposed the standard clock with subversion. When one turns it over and reads it, or stretches it at will, somehow one is also breaking its rules.








7
"My time is curved, like a labyrinth, I walk in and out and
8
"I didn't draw hands inside my clock, because I don't
start passing right now, I want everything to stop and









Applying it in our daily life

As an intervention, we cut out and cover the personalized clocks onto real clocks, questioning how standardized time structure shape our daily lives. The dominant, standardized clock does not reflect the lived experience of many, especially those with neurodivergence or mental health challenges. People's moods, emotions, and environments constantly shift their sense of time, yet our society forces a rigid, capitalist schedule. By visualizing time differently, we were able to explore possibilities for more inclusive and humane time structure & a system where time adapts to people rather than forcing people to adapt to time.







